



Reflective Worksheet

Consecration ~ Preparing to Hear God's Will

This reflective worksheet is designed to help you prepare to hear God's will by consecrating the gifts God has given you.

Preparing to pray

Before you begin, take a few moments to settle down; breathe deeply, welcome the Holy Spirit, and invite God to guide you. Trust God to reveal what He desires you to see today.

Recognize the gifts you're holding

1. Write down on a piece of paper, either as a list, paragraph, or even in sentence fragments each aspect of yourself and your life that you would consecrate to God. Consider your passions, dreams, skills, talents, hopes, fears, resources, activities, relationships and whatever else God has given you. If you are seeking discernment for a particular decision, focus on those gifts that relate to or affect the decision before you.
2. Pray, confessing to God your gratefulness for and attachment to each item you've listed.

Consecration

3. When you're ready, pray through your list, intentionally committing each item you'd like to consecrate. You will likely find it helpful to speak your prayers aloud rather than pray silently. There's something in giving voice to our confessions and commitments that affirms our prayer.

Pray for God to reveal his will to you

4. You might write down your prayer or simply speak it aloud. God may respond immediately. If he does, record what you sense. It's very likely, though, that God's desires for you will become clearer over the following days and weeks.

Closing

5. Before you leave your prayer time, take a few minutes to reflect on how you felt through this experience.



A note from Santé Ministries

Santé Ministries ~ ministry from intimacy with Christ

We hope that you've found this resource helpful. We'd love to hear your comments and feedback. Also, this resource is free - so you can print it and share it. However, please don't post it without our permission.

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